

# **Nurture**Group

## Free Play & Support Group

We offer a safe and secure environment for children from birth to starting school, who have been impacted by a premature or sick birth with time in a neonatal unit, prenatal anomaly, injury or condition in the first 5 years of life resulting in ongoing medical challenges.

*Nurture*Groups are designed so children can learn and develop through play, whilst offering families ongoing peer support with a strict Wellness Policy in a safe and inclusive environment.

Parents and carers can exchange ideas on parenting, tackle medical issues, share stories, build support networks, form friendships and ease the isolation that can often be felt by families.

### VIC - Geelong 2025

Thursdays, Fortnightly, 10.00am - 12.00pm Grovedale Child and Family Centre 45 Heyers Rd Grovedale VIC

February 6, 20 March 6, 20

April 3, 17 May 1, 15, 29 June 12, 16

July 10, 24

August 7, 21

September 4, 18

Please register online



October 2, 16, 30 November 13, 27 December 11

NurtureGroup has a strict wellness policy for all attendees.





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